* Total list of nutrients need to be tracked
* \*\*Proximate
* 4 Total fat (Lipids) id: 204
* 1 Water id: 225
* 2 Energy id: 208
* Cholesterol id:
* 6 Total Carbohydrate id: 205
* 7 Fiber id: 291
* 3 Protein id: 203
* 8 Sugars total id: 269
  + 9 Sucrose id: 210 Disaccharides
  + 10 Glucose id: 211 Monosaccharaides
  + 11 Fructose id: 212 Monosaccharaides
  + 12 Lactose id: 213 Disaccharides
  + 13 Maltose id: 214 Disaccharides
  + 14 Galactose id: 287 Monosaccharaides
* \*\*Minerals
* 15 Calcium id: 301
* 16 Iron id: 303
* 17 Magnesium id: 304
* 18 Phosphorus id: 305
* 19 Potassium K id: 306
* 20 Sodium id: 307
* 21 Zinc id: 309
* 22 Copper id: 312
* 23 Manganese id: 315
* 24 Selenium id: 317
* \*\*Vitamins
* 26 Vitamin C id: 401
* 39 Vitamin A id: 320
  + 40 Retinol id: 319
  + 41 Carotene id: 321
  + 42 Cryptoxanthin id: 334
  + 43 Vitamin A, IU id: 318
  + 45 Lutein + zeaxanthin id: 318
* 51 Vitamin D(D2 +D3) id: 328

52 Vitamin D3 id: 326

* 46 Vitamin E id: 323

47 Vitamin E added id: 573

* + 48 Tocopherol, beta id: 341
  + 49 Tocopherol, gamma id: 342
  + 50 Tocopherol, delta id: 343
* 53 Vitamin K id: 430
* Vitamin B-
  + 27 Thiamin id: 404
  + 28 Riboflavin id:405
  + 29 Niacin id:406
  + 30 Pantothenic acid id:410
  + 31 Vitamin b6 id:415
  + 32 Folate id:417
  + 33 Folic acid id:431
  + 36 Choline id:421
  + 38 Vitamin B12 id:418
* 37 Betaine id:454
* Chromium
* Molybdenum
* Chloride